

goodnews

FOR ABORIGINALS AND ISLANDERS

Ken Farmer: an inspiring life

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▲ **HE SERVED HIS PEOPLE & COMMUNITY THE WHOLE OF HIS LIFE** Kenny & Jorna Farmer at Karalundi's Founder's Weekend last year, see his life story on page 5 ►



▲ **INDIGENOUS LADIES LAUNCH** Moree launches its first women's ministries retreat, see the full story on page 6 ►



▲ **CHOSEN** Nadine Foley was one of the twelve recipients to receive an Indigenous Student Teacher Scholarship, see full story on page 7 ►



Leadership lessons from cold dogs

GLENN TOWNEND | West Australian Conference President

I recently visited Denali National Park in Alaska and saw its team of working Huskies. They were sleek and muscular and according to the Ranger prefer sub-zero temperatures. Each winter these dogs take Park Rangers across 4000 kilometres of snow and ice.

Snow mobiles are no match for dog teams in remote conditions. I listened spellbound to the Ranger's stories of trips that lasted three weeks travelling through the white silence amongst snow bound moose, caribou and wolf. From these stories it was clear that dog

"Most dogs enjoy the fun of a chase but the lead dog knows that nothing matters except taking the master and sled to the destination..."

sledging in the winter wilderness requires a skilled energetic team and close bond between the dogs and their master.

The most important Husky on the sled team is the lead dog. These dogs are carefully picked by the sled driver who is looking for four important characteristics.

Strength

Long distance requires endurance and slushy snow requires real bursts of energy. The sled driver relies on the lead dog to give that little bit extra to inspire the other dogs to keep pulling when the going gets rough.

Intelligence

In the 'Alaskan Husky world,' intelligence is a blend of trusted obedience and quick adaption to the conditions. The lead dog will help decide the best way around an obstacle and can feel the hardness and softness of the snow, which keeps the team on-track even in a snow storm. This ability comes from being well trained and very experienced.

Focus

There are lots of distractions on the trails – darting rabbits and the scent of wild game.

Most dogs enjoy the fun of a chase but the lead dog knows that nothing matters except taking the master and sled to the destination and keeping the whole team focused.

Confidence

Sub-arctic winters are unpredictable. Weather and terrain can change at any moment. The lead dog must have a 'can do' attitude despite the obstacles before them. This confidence must be shared with the driver and the team. Confidence in leadership brings security to the whole team.

If someone was watching you, would they pick you to be a leader?

I guess that depends on how many of these qualities you have. As I was reflecting on this, I heard the Ranger say she would hitch up a team and my thoughts were interrupted by howls and barking – each dog wanted to be chosen for the job. Once selected and connected to the sled, each dog lay down in quiet readiness until the driver stepped onto the sled, then they stood up barking and howling once more and with the loud cry 'Mush,' they took off. I have never seen such enthusiasm and joy for work! It reminded me of another important characteristic which King Solomon highlighted in Ecclesiastes 9:10, "*Whatever your hand finds to do, do it with your might...*" (NRSV).

Our homes, communities, work places, local churches and organisations all need good leaders and enthusiastic workers.

People who are committed to the will of God and the wellbeing of others, people who enjoy working together regardless of their differences, people who can give that little bit extra when the going gets tough, who remain focused and keep the goal firmly in mind.

It seems that Alaskan Husky sled dogs can teach human beings a lesson or two about the basics of life and leadership.

▲ **EAGER ENTHUSIASM** In the process of choosing a team, each and every husky howl and bark because they all want to be part of it.



▲ **DOUBLE BLESSING** Pr Eddie Mackie with Brenda Nicholas (left) & Fay Ruttley (right) at their recent baptism – Coonabarabran, NSW

Baptism the highlight of Coonabarabran's Spring Festival

Recently Coonabarabran Church was blessed with the baptism of two lovely Aboriginal ladies - Brenda Nicholas and Fay Ruttley.

I am hoping you can put the photo in the **goodnews** magazine.

These two ladies are both well respected in the community. Their baptism was combined with the church's Spring Festival on 18 September which made it a high day for all those who attended.

May God bless your ministry.

Barbara Watson – Coonabarabran, NSW

Ill at home but thinking of you all

Although ill health has slowed us down considerably, we enjoy receiving the **goodnews** magazine and look forward to receiving next year's calendar as well.

I distribute the ones we receive at Southern Cross University where I am studying for my Masters in Indigenous Studies (Wellbeing). Lecturers and students all enjoy reading **goodnews** and often see pictures of friends and family. We also take any remaining magazines to Aboriginal organisations here in Lismore and people can't get their hands on them quickly enough. They are just so popular.

I would ask you to pray for my husband Bob, who has been quite ill for over 4 ½ months. Although he is somewhat better, he is weak and tires very quickly. God is in control though. He is a wonderful Saviour, is Jesus our Lord.

If any of our ATSIM friends are coming through this

way, please call in and see us. We miss being able to go the regional meetings and other events, but our home is always open to visitors. It's wonderful to have friends come to yarn with us and pray with us.

God bless as you continue working for Him, and for His soon coming.

Lexie Lord – East Lismore, NSW

God's plans are on track

We picked up a **goodnews** magazine yesterday and wanted to say thank you for the great work you are doing. I hope you are well and content. I think of you and smile as I reflect on how God has and is using you to share His love – may he praised.

The years are flying by but God's plans are still on track. He is coming soon.

David & Bronwyn Mison – South West Rocks, NSW

about goodnews

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- The editor does not guarantee publication as space is limited. Articles may be edited. If you would like your photos returned, please include a self-addressed envelope.

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- ATSIM warns Indigenous Australians that **goodnews** may contain photos of persons deceased.
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Launch of DreamTrack in Brisbane

DAVID GARRARD | ATSIM Director, South Queensland

Despite miserable weather, on Sunday 31 October, 50 young people and more than 20 staff arrived at Somerset Dam to attend South Queensland's first DreamTrack Youth Club outdoor event – the deadliest Indigenous youth club in the country.

The Aboriginal & Torres Strait Islander Ministries (ATSIM) department of South Queensland's Seventh-day Adventist

Church created DreamTrack – living with purpose – to see ATSI young people live life with a positive identity. We hope to achieve this

“Three more community youth groups are wanting ATSIM to come and run DreamTrack programs for them.”

by connecting with the local community, developing friendships and providing

families with an opportunity to have a fun day out, at a very affordable price.

Young people had a fantastic day, full of water sports and activities. The majority had never had the opportunity to do this before.

Relationships between DreamTrack staff and youth were strengthened during this day. Those involved in the organising of the program were blessed by being a part of something special for the young people.

As soon as the day was over, many of the kids wanted to do it all over again the following week.

Three more community youth groups are wanting ATSIM to come and run DreamTrack youth club programs.

Other things happening in Brisbane include the involvement of several ATSIM members in Brisbane Combined Voices – an ATSI community choir coordinated by Beryl Garrard. **The purpose of the choir is to assist those living with mental problems and was started in conjunction with Griffith University (Logan Campus) and Brisbane Aboriginal & Torres Strait Islander Medical Centre.**

ATSIM's South Queensland singing group led by Uncle Matt and Auntie Fay Fatnowna is busier than ever with many special programs being held in retirement villages in the area.

Local churches in Brisbane are being treated to special programs, music and a unique message by Indigenous folk. As a result, more and more Bible studies are being conducted and more people are asking for baptism.



▲ **HOLD ON TIGHT** Girls bracing themselves for the water excitement – Somerset Dam, QLD



▲ **ACTIVITIES FOR EVERYONE** Some of those who attended the first Dreamtrack Club – Somerset Dam, QLD



▲ **SMILE IF YOU'RE HAVING A GREAT TIME** You can see by these faces. that they've had a great day! – Somerset Dam, QLD



Ken Farmer: an inspiring life

STEVE PIEZ | National ATSIM Director

Kenneth Farmer was born in the heart of the Gibson Desert at Mirntulgnunu rock hole in 1949. His parents Piparnjurk and Yapuru were nomads living a traditional life.

When Ken and his brother Gordon (deceased) were quite young, they walked out of the desert onto Carnegie Station where they saw their first white person. As a young boy Ken travelled extensively to places like Granite Peak, Melrose Station, Wiluna, Leonora and Mt Margaret Mission.

Both Ken's parents died, and after Karalundi Mission opened he and Gordon were sent there to attend school. Kenny valued his education at the Mission and was a kind considerate boy who got along well with staff and students.

After leaving school Kenny worked in the Murchison area on the railways and in Meridin with Billy Patch on the Willis family farm. When he returned to Wiluna, Kenny met his wife-to-be Jorna Wongawol and they began a wonderful life-long partnership. Tragedy struck their family when their three year old son, Dexter, died. But they were blessed with three more children, Tianie, Clinton and Kendra.

Ken was a man with a vision, and in 1977 he obtained his first license to collect Sandlewood. Over the years this has grown into a large family business and continues under the direction of his son Clinton.

Ken was also a champion for his people. On one visit to his desert homeland he along with Mr Freddy and a few others discovered that a drilling company was doing exploration without the consent of the traditional owners. They hurried back into town and got a truck load of elders and went back out to the rigs and forced the contractors to leave the land.

Ken was always ready to help those in need and was generous with his money and resources. He also had a strong commitment to culture and fair play. His belief and trust in God was a source of inspiration to many people.

Ken was actively involved in getting Karalundi re-opened in 1986 and served on the management committee for many years. He and Jorna also established Kutkabubba Community and served as a Wiluna Shire Councillor and Deputy President.

On the 21 May 2010, Ken was given a whale's tooth by the Wiluna Fijian community, an honour reserved for a High Chief signifying his special relationship with these people.

Ken passed away in July 2010. The legacy of his life is a powerful witness to people living in the Western and Central Deserts. However, his faith in God is a testimony to Aboriginal people across Australia and people everywhere. **Ken believed that we are all God's children – nomads travelling to that better place Jesus promised. And when we get there we will all be together again.**

Stories and a dinner date results in Darwin baptism



▲ **BAPTISED AFTER HEARING OUTBACK STORIES** Nikki is baptised by Pastor Khamsay Phetchareun at Darwin SDA Church – Darwin, NT

A young Aboriginal woman gave her heart to Christ through baptism at Darwin SDA Church on 12 June 2010 as a result of hearing about missionary trips around Australia.

Nikkiesha originally from north of Kalkarindji works as a Horticultural trainee at Marrara Christian College in Darwin.

She was encouraged by her mother who shared her own Christian pathway and upbringing with Nikki. When Nikki came to school in Darwin, her house parents Arlene and Steve continued to nurture her walk.

She attended Darwin SDA Church and listened to the trips that Pastor Don Fehlberg took, looking at the many pictures of his trips into Indigenous communities.

Pastor Don chatted to Nikki one dinner at Arlene's and Steve's place. Nikki was so touched by the stories that she requested baptism. She hasn't looked back since. **Today Nikki continues to be a light of Christ at Marrara as a grounds assistant. She reads her Kriol Bible and witnesses to many of the students at the college.**

Khamsay Phetchareun – Darwin, NT

● Kalkarindji

Launch of Indigenous Women's Ministry in Moree



◀ **MOREE WOMEN'S MINISTRY CONFERENCE** (L-R) retreat organiser Lyiata Ballangarry with presenters Erna Johnston & Lynelda Tippo – Moree, NSW

"Arise, Shine" was the theme for the first Indigenous Women's Retreat of its kind held on 6-8 August and hosted by the ladies from the Moree Seventh-day Adventist Church.

Ladies travelled from the Kempsey region, Sydney, North Coast, Brisbane and locally to attend the three-day event.

The main speaker was Erna Johnson, Director of Women's Ministries, South Pacific Division of Seventh Day Adventists, with Lynelda Tippo, Assistant Director of Mamarapha College and founder of Wheelbarrow Ministries in Perth.

Both these ladies spoke on how God has called women to reach their full potential by reading His Word and by allowing Jesus to change their lives so that others can see God's glory shining forth, and spilling onto those who are still living in volatile relationships bound by fear.

The program included a short drama on the book of Ruth and testimonies by ladies whose lives have been completely changed by a personal encounter with Jesus.

The food provided by Moree SDA Church catering team was delicious, a was served by the Church youth.

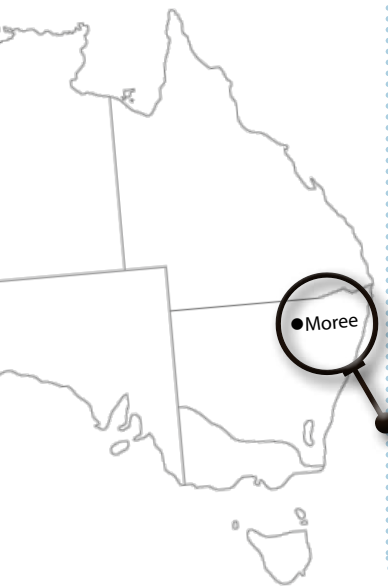
All who came performed at the concert on Saturday night including Maryann, who had the ladies doing the Fijian Zumba. Everyone certainly had a vigorous workout! The youth performed items and Ngar Richards entertained the audience with a traditional dance from the Cook Islands. Tamara, Josh and EJ sung a lullaby which ushered in the beautiful presence of the Holy Spirit. This filled each heart with God's peace.

The last session by Erna inspired all to arise and shine and be the women whom God wants to fill to overflowing with His peace and love. God wants to empower women to go forth and show others how He can change them too.

A heartfelt thank you goes to all the ladies who came for the weekend, the speakers, supporters and organisers.

The next Indigenous Women's Retreat will be held in the Kempsey region next year.

Lyiata Ballangarry – Moree, NSW



▲ **EMPOWERED LADIES** Those who attended the first indigenous women's retreat – Moree, NSW

remember when?

Nadine Foley receives inaugural Indigenous Teacher Scholarship

(continued from page 1)



▲ **PROUD NANNA** Coral Foley with her granddaughter Nadine after the award ceremony – Government House, ACT

On Monday 9 August, the Governor-General presented 12 scholarship awards to the 2010 recipients of the Governor-General's Indigenous Student Teacher Scholarships.

This is the first year the scholarships have been offered. The presentation was held on the International Day of Indigenous Peoples.

One of the successful recipients was Nadine Foley of Kempsey who attends Deakin University.

These future teachers will act as role models for Indigenous students and, leading by example, will contribute to raising educational expectations for Indigenous students, support community involvement, and raise awareness amongst other educators.

The Governor-General's Indigenous Student Teacher Scholarship Program aims to assist and support Indigenous university students to obtain a teaching degree.

Scholarships will be awarded annually to one teacher education student from each state and territory with up to eight scholarships awarded each year.

"You are among our future leaders. Scholars, that's one fire I want to see spread throughout the land. I give you my greatest praise and encouragement for your life-changing journeys ahead", said Governor-General, Her Excellency Ms Quentin Bryce AC.

Kym Piez – Melbourne, Vic

We all love to see 'old' photos. Please send in your photo so we can share it with everyone who reads **goodnews**.



▲ **MUNGINDI 1978** Avondale Students Aerial Outreach conducted a week-long evangelistic series (Photo courtesy: Don Fehlberg)



▲ **KARALUNDI CIRCA 1967** Students taking note of their Aboriginal teacher (Photo courtesy: Ron Taylor)



▲ **MUNGINDI 1978** Pastor Don Fehlberg with other Avondale students ran an outreach. One of the regular attendees was Harry Hippi (Photo courtesy: Don Fehlberg)



1 PORT AUGUSTA BABY BOOM Sarah McKenzie with Shane Rex Tiger Woods – Port Augusta, SA **2 FAMILY GATHERING** (L-R) Waylon, Carlise, Lisa, Kevin & William Grant, Denise Councillor, Julie Clark & Willie Grant – Wyndham, WA **3 DJEBBANA OUTSTATION** Pastor David Murrwana (of Uniting Church) with his mother Mary Djadbalak & Eileen Fehlberg – Arnhem Land, NT **4 GATHER ROUND** (Back L-R) Michael Delower, Johnnice Divilli, Jonnine Divilli & Don Fehlberg (Front L-R) Rhona Charles with Liston Fletcher, Ernest Nulgit and Eamarden Divilli – Derby, WA **5 WISE PURCHASE** Maxine Warren & John Katagan with their second coming poster at their home – 5 Mile (via Nullagine), WA **6 REDHILL COMMUNITY** Peggy Naylor & families – Halls Creek, WA



7 TEACHING IN MARBLE BAR Melissa & Shannon Simpson with Jayda Papertalk – Marble Bar, WA **8 VISITING FRIENDS** Andrea Wally with Dante Dodd, Joannah Boonga with Leo Wage & Ninarae Wally with Kypher Dodd – Wickham, WA **9 BABY BOOM** Tristina McKenzie-Stuart with Lebron, Ruth McKenzie & Deborah Bayley with Letisha Bayley-McKenzie – Port Augusta, SA **10 INFECTIOUS SMILES** Samuel & Kenan Namundja with Don Fehlberg – Maningrida, NT **11 SPENDING TIME TOGETHER** Don with Joe Killer & Michelle Skinner – Looma Community, WA **12 A PROUD DISPLAY** Laurie Magaldagi & her families displaying pictures of the Second Coming. Visitors Noel How & Cody Johnson (rear) installed & repaired Christian satellites – Maningrida, NT

Western Zone Camp – a time for renewal



Karalundi was the host once again for the annual Western Zone Indigenous camp for 2010. Every September when the students go home for their third term semester break, the ATSIM team busily prepare for another group of visitors to Karalundi who come for a different purpose.

Karalundi is a school that was set up to educate our Indigenous children that live in many outback communities. The school has been a dream through the leading of the Holy Spirit, of our pioneers both men and women.

Many come from those outback communities, small towns and the city to share the outback worship experience. **People who come to camp, go away with a different perspective of God and feel that they have spent time with His people.**

◀ **HERE I AM TO WORSHIP** Singing songs is a great way to worship – Karalundi, WA

Karalundi camp is a time when our Indigenous people (as long ago), gather together to catch up with each other and sing the age old songs, tell the age old stories, share stories of new additions to families, but most of all spending time worshipping and praising *Mama*, the creator God.

The theme for this year was taken from Joshua 24:15 "As for me and my house, we will serve the Lord." Terry Kessar is was the main speaker and gave a powerful message and challenged all who were there to recommit their lives to God. **At the end of her message she had us build an altar out of stones as a reminder of each commitment made that day. The altar will be permanently embedded in concrete as a reminder.**

Pr Darren Garlett looked after the youth, Dave and Christen Rupe looked after the Primary and Juniors while Cathy Garlett cared for the Beginners. Peter and Laurel Forest did a great job with the cooking. The WA field ministers shared camp duties. Pr Glenn Townend, Steve Piez, Pr Don Fehlberg, Lynelda Tippo and two of our Mamarapha students, Jimmy Dunn and Sandra Kelly were the other speakers for the camp.

The next ATSIM Camp will be held at Karalundi from 30 September to 3 October 2011. If you need to know more, you can contact John Beck, Steve Piez or Pr Don Fehlberg.

John Beck – Perth, WA

South Kempsey youth run evangelistic program



◀ **WARM WELCOME** Kyiarra Moseley and Jamie Lee Morris greeting people and operating the registration table – Kempsey, NSW

In August, South Kempsey Aboriginal Church conducted "Released", a youth evangelistic program.

So many community members of all ages came to the event to hear the message about God's love for them.

The groups interacted and made friends with each other through the activities.

Kempsey Church is looking forward to running a similar program towards the end of the year.

Michael Chapman – Kempsey, NSW



Canberra knitting group supports Western Desert communities

During August, a new Dorcas Outreach project was started for newborn babies.

This outreach was made possible by the support of a knitting group in Canberra who donated warm clothes, blankets, tops and beanies. These were made available to families with babies in Jigalong and Cotton Creek. The same opportunities will be offered to families in Punmu and Kunarwarritji (Well-33).

Through this outreach, a number of parents have attended worship programs on Sabbath. Some have also requested Bible studies and other wish to have their babies dedicated.

Praise God for his leading and blessing through this very unique outreach.

Lomani Uilou – Jigalong, WA

▲ **WARM BLANKETS FOR JIGALONG** Thanks to a knitting group in Canberra, there are enough blankets to keep babies warm during the chilling winter – Jigalong, WA

● Jigalong



First Indigenous man ordained at Moree starts men's ministry

Charles Groves and John Clarke were warmly welcomed by the Moree Seventh-day Adventist Church, after their ordination as deacons on 21 August. Charles is a student at Mamarapha College in Perth and is the first Indigenous man to be ordained at Moree SDA Church.

Pastor Eti Seupule-Feau has been instrumental in mentoring these two men and states that both are committed to God as seen by their public declaration at their recent baptisms and their commitment to serve God.

Charles has a strong desire to work with men who are struggling in their walk with Jesus and is in the process of setting up Wheelbarrow Ministry for men in Moree.

Lyjata Ballangarry – Moree, NSW

▲ **ANOTHER FIRST FOR MOREE CHURCH** (L-R) John Clarke, Pastor Eti Seupule-Feau & Charles Groves is the first Indigenous man to be ordained at Moree Church – Moree, NSW

Charles said many times he had passed the SDA church and had often wondered what the people were doing there. He stated that since becoming a member of the local Church, his love and his hunger for Jesus has finally been met.

● Moree



Obituaries Emily Churchill

Emily Churchill was the first child born to Mick and Rita at Lambina Station, SA on 1 January 1932. Sisters Betty, Audrey (dec), Renee and brother Rusty (dec) soon joined her.

As she was growing up she lived with her family travelling in and around the station areas. As a teenager she

worked as a cleaner and a cook in Mimili and Kenmore Park. **It was around this time that Emily lost her mother when the atomic bomb testing was being**

conducted at Maralinga. Their father survived and they moved on to Indulkana and Granite Downs.

She met (Tjutjula) Winston Churchill at Everard Park. As they moved around, they had their seven children – Kevin (dec), Noreen, Eva, Sarah, Evelyn, Sandra and Maureen. They finally settled in Finke.

Emily was a sincere Christian lady. She was a friendly person who was always quick to welcome people with her big smile. She faithfully attended church meetings wherever she was. She had a strong voice and loved to sing and lead out, especially in the language songs. In January this year she travelled the 3,000 kilometres to Brisbane to attend the ATSIM National Camp. **There, she saw her daughter Evelyn being baptised and made a decision to be baptised as well. Emily died on 6 July 2010 knowing that Jesus was coming for her.**

Don Fehlberg – Geraldton, WA

Second Chance



◀ **A CHANGED LIFE** Storyteller Jimmy Dunn with his childhood sweetheart, Maree – Mamarapha Graduation, Perth, WA

My name is Jimmy Dunn. I was born at Kempsey NSW, one of seven siblings and a brother to many other children my parents raised.

We all grew up on Bellbrook Aboriginal Reserve, west of Kempsey in the Nulla Nulla Creek area.

The Seventh-day Adventist message

came to Bellbrook in the early 1900s many years before I was born. Some of my earliest memories are of attending Sabbath School under the trees and on the school verandah. My mother taught us the well-known Bible stories and my Nan encouraged us to attend church and made sure we were always nicely dressed.

My childhood was a lot of fun. We played, rode horses, speared fish and went camping with family. There was also plenty of hard work helping grandparents and uncles as they pulled corn, cut cork leafing for medicine, fenced and grubbed stumps.

Our teacher at Bellbrook was very strict and I struggled to learn from his style of teaching. I did well at mathematics but couldn't master reading and spelling. I stuttered badly as a young boy and maybe that was part of the problem, but most days I gazed out

the window or annoyed the others in class. When I left school I found work that didn't require me to read. If I ever needed to fill out paperwork I would simply get help from family or go to the Centrelink office.

My mother died when I was 17 years old. Dad grieved terribly after mum's passing and six months later he died of cancer. Their deaths left a big hole in my life, full of sadness and grief, and I began to lose my way. **I eventually started drinking and went on to become a drug dealer.**

Maree, my childhood sweetheart, knew what I was up to but was powerless to stop me. I continued to deal for over 20 years. During those years I thought I had joy and happiness because the drug money was supplying many of our needs. We could buy whatever we desired – a car, bikes for the kids – and I always had plenty of cash in my pocket.

My family often encouraged me to return to Church but there was little room for God in the life I had chosen. One day, my oldest son Henry told me about Pastor Darren Garlett who had just moved to Kempsey. Henry wanted me to meet Pr Darren because we were both interested in old cars. I said "yeah," but had no intention of turning up even though my son kept asking me.

My first major wake-up call came one Saturday when I went down to Sydney with some mates on 'business'. We were driving home late that night when the driver went to sleep and our car left the road and began to roll. I remember crying out "Jesus help the four of us!" I woke up laying on the side of the road and was flown to hospital with a suspected broken neck but was released the next day with minor injuries and a very sore neck. God had answered my prayer.

However, I was hard-headed and wandered away from God again. But Maree had other

"Their deaths left a big hole in my life, full of sadness and grief, and I began to lose my way."

▲ **A LITTLE HELP FROM MY FRIENDS** Pr Darren with Jimmy & Maree – Kempsey, NSW

ideas and threatened to leave me if I didn't change my ways. She had a look in her eyes that I had never seen before and I knew she really meant it. She gave me the silent treatment for a week and I started to get desperate. I now know the Holy Spirit was working on my heart because I suggested that we both start attending church. Maree said "yes" and now six years later we are still attending.

From the start I was impressed to give away the drugs, alcohol, horse betting, gambling and lots of other stuff. God totally changed my life. Before I would iron my clothes on Friday to go out partying on the weekend but now I iron my clothes to attend Church on Sabbath morning.

Pr Darren and his wife Cathy kept

encouraging us with visits and Bible studies. On one visit Pr Darren suggested that I attend Mamarapha

"I love you Lord! You answered my prayers... and so I will pray to you as long as I live – Psalm 116:1!"

College in Perth. "No! I can't do that," I said. "I am dumb, I can't read and write." However, Darren didn't give up and after about two years I surprised both of us by agreeing to go.

Mamarapha was very different to my school days – it had an atmosphere of care and sensitivity. **The whole class was given a Bible each and we read verses together. This took away my fear of being exposed as a non-reader.** Four years have passed and I have now accepted the call of God to full-time Pastoral Ministry studies.

The changes in my life have been good for the whole family. My grandson Malik was always in trouble at school disturbing the class and fighting with other children, just like my school days. However, as I attended Mamarapha we decided to have family worship. At first we read from Malik's little picture Bible but soon he began to read to us himself. Since starting family worship he has gone from the bottom of the class and is now one of the better students.

God has really blessed me. My youth was wild – full of hate, always arguing with people and selfish to the core – but thanks to Jesus I now have a life of purpose, a caring family and a wonderful wife who loves me.

As told to Eileen Fehlberg by Jimmy Dunn, who still resides in Kempsey, NSW.

coming events

Special Events

29 Dec - 2 Jan 2011

Eastern Zone Camp,
Avondale College, NSW

30 Sep- 3 Oct 2011

Western Zone Camp,
Karalundi, WA

Regionals

8-10 October Lovelinks City Camp Busselton, WA

16 October Mareeba, Qld

5-7 November Jigalong/Newman, WA

6 November Lismore, NSW

19-21 November Esperance/Kalgoorlie, WA

Committee Meetings

22 November ATSIM Advisory, Melbourne, Vic

23 November ATSIM Committee, Melbourne, Vic

Mamarapha College

27 November Graduation, Perth, WA

easy recipe

Avocado & Corn Salad

Serves 6



This avocado and corn salad is a tasty twist on the Mexican classic, guacamole. And it's so quick and easy to prepare and is vegan friendly.

INGREDIENTS

2 firm large ripe avocados, halved, stones removed, peeled, finely chopped
1 x 410g can corn kernels, drained
3 long green onions, ends trimmed, thinly sliced
1/4 cup chopped fresh coriander
2 tbsp fresh lemon juice

1 Combine the avocado, corn, onions, coriander and lemon juice in a medium bowl.
2 Serve.



Way to Jesus

JOHN CHAN | A Bible Study for you

LESSON 18 JESUS – THE RESURRECTION AND THE LIFE

Be sure to pray before opening the Word of God.

“Dear Lord, I have always wanted to know the truth about life and death. I pray You will guide me as I study this subject. In Jesus name, I pray Amen.”

1. Who is the originator of life?

Read Genesis 2:7 _____

2. If man already has life, why did Jesus say He came to give us life?

Read Ephesians 2:5 Because we are _____

3. What must we do to have life?

Read John 3:16 _____

4. What kind of life is this?

Read John 10:10 _____

5. When do we have this gift of life, now or later?

Read 1 John 5:12 _____

6. If this is the case, why do Christians die just like unbelieving people?

Read Romans 6:23 _____

Read Ezekiel 18:20 _____

7. What assurance do we have in a resurrection?

Read John 11:25-26 _____

8. When does this take place?

Read 1 Thessalonians 4:16 _____

Read John 11:24 _____

If you have any questions about what you have read, write them here:



Why we need to think about what we eat

SIBILLA JOHNSON | Important information for you and your family

Food supplies all the nutrients the body needs to keep working properly.

The main

nutrients supplied by food are:

Protein

Helps the body grow and repair itself. Protein comes from animal meat, dairy products, eggs, fish and plant foods like lentils, baked beans, split peas and other dried beans, grains, nuts and seeds.

Fats

Is a concentrated source of energy and supplies oil soluble vitamins.

There are two types of fats. 'Good fats' are those that come from plant food like nuts, seeds, and avocados. These are vegetable oils and should be used in small amounts to be good for you. Bad Fats are those that come mainly from animal products such as meat and chicken, cooking fat, milk, butter, cream, cheese, eggs, some margarine products and chocolate. Too much of these fats will make you sick.

Carbohydrates

Carbohydrates are the best source of energy for the body. Carbohydrates come mainly from plants. These foods are breads, breakfast cereals, flour, rice, pasta and starchy vegetables like potatoes.

Carbohydrates are always best when they come from a whole grain source. This means that whole grain bread is better for you than refined white bread.

Fruit and milk also provide carbohydrates in the form of natural sugars. Remember that refined sugar is added to sweet drinks, chocolate, lollies, cakes, biscuits and pastries. Refined sugar is not good for us and much of it comes hidden in our food and drinks.

Vitamins & Minerals

Vitamins and Minerals keep the body in tip-top shape and along with protein help to form and repair all the body parts

and cells like muscles, bone, skin, hair and teeth.

Vitamins come mainly from plant foods; fruits, vegetables and grains are good sources. Minerals are in many plant foods, as well as in meat, chicken, fish and dairy products. Plan to have some fruit, vegetables and whole grains every day.

Water

Water is just as important as these four nutrient groups to help keep the body working properly. Water helps to flush out poisons and body wastes and helps keep body functions regular.

Adults should drink at least 6 - 8 glasses of water a day. Remember that when the weather is hot you will need to drink more to keep the fluid balance of your body. Water is fresh, cool, cheap, and has no harmful additives such as sugar or caffeine.

“Refined sugar is not good for us and much of it comes hidden in our food and drinks.”

Hormones & Enzymes

As well as energy growth and repair, protein, carbohydrates, fats, vitamins and minerals all help the body make substances which regulate and control body functions such as talking, moving and getting rid of waste products such as urine. These substances are called hormones and enzymes. They also allow the body to protect itself from infections, diseases and illness.

In Summary:

Food and water is everyone's most basic need and people need enough of both to grow and survive.

Eating any food is not enough. The body needs a balance of foods to keep working properly.

If a person does not eat the right balance of food and water there is a greater chance of getting sick.

Building a giant tower to reach Heaven

The people who came after Noah were at it again. How quickly they forgot that everything they had came from God. But still, they said one to another, "Let's build a glorious city to ourselves. And in that city, let's build a tower that reaches into heaven!"

So they all agreed.

And, they could all agree, because in the time after the flood, everyone spoke the same language.

They all could work together. And when you work together, you can do almost anything. (But that can be dangerous too, when you don't do the right thing.)

So one day God came to visit the magnificent city the people were building, and to see the great tower.

"This isn't good," God said. "Because every great thing they do, they will think that they are even greater – and there will be no end to the trouble that will bring. We will have to put a stop to this."

And so right then, God began to confuse the language of the people on earth. People started calling things by different names.

"Hand me that hammer," one worker said to the other, while they were working together way up on the tower.

And the other worker handed him a brick instead.

And soon the people weren't getting along so well anymore. They quit building the great city and the tower.

All the people that spoke one new language decided to move to a new place, while the people who spoke another language went to find a nice place somewhere else. And because of that, people began to move all over the earth.

And the magnificent tower never got finished.

You can read more in Genesis 10:8-10; 11:1-9.



A L A N G U A G E S H I N A R
 D L O R D S Q I B E N O Y O O
 N O Y Y M J S A J V E N S E M
 A Y T I C C B B W B N W F K S
 T O G J U E A U C Z O Z M A H
 S C V S L K N E S Y T S Y E U
 R O H G E T I P C T S J Z G N
 E N W R S N E V A E H N D W T
 D F S D F F E N T F A I T P E
 N U X S C H S Z T M A M T V R
 U S A K H S P E E C H R E J R
 R E S C Y U R F R I J O U E P
 Y I E I U T P H E B Z D W C H
 K K W R I T X F D Z G O L F D
 I H Y B F A I M D W T M F H A

BABEL	HUNTER	SCATTERED	BAKE
LANGUAGE	SHINAR	BRICKS	LORD
SPEECH	CITY	NAME	STONE
CONFUSE	NIMROD	TOWER	CUSH
ONE	UNDERSTAND	HEAVENS	

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